

Netball	Physical Education	Years 5 & 6, Term 4	Year B
Key vocabulary: position, evaluate, direction, heart rate, power, accuracy, muscles, technique, decision making, opponent, teamwork, shoot			
Knowledge and skills: Declarative Knowledge: Create short warm up routines that follow the basic principles e.g. raising body temperature, mobilise joints and muscles. Recognise and evaluate performances providing constructive feedback. Understand how to improve in different physical activities and sport. Procedural Knowledge: Apply basic principles for attacking and defending, choosing different formations to suit the need of the game. Work effectively as a team. Use a variety of tactics to keep possession of the ball, applying the principles of attacking. Use the defending principles in game situations, including marking, tracking, and covering, to gain possession.		Possible activities: Step 1: To pass the ball in a variety of different ways with confidence and control. Step 2: To move with purpose when attacking. Step 3: To choose when to mark a player and when to cover space. Step 4: To apply basic principles for attacking. Step 5: To apply basic principles for defending. Step 6: Apply basic principles for attacking and defending in game situations.	
Spiritual, Moral, Social and Cultural Education, and Promotion of British Values: Spiritual: Children will have a willingness to reflect on their own experiences. Moral: Discuss the morals of co-operation in the team; consider how fairness, honesty and sportsmanship are important in play. Social: Consider the etiquette of play and the social norms which guide people. Cultural: Children will consider the origins of the sport and the competitions that may occur around the world. British Values: Children will have respect for the other team; they will follow the rules of the game; they will consider how democracy plays a role in making and choosing teams. Equalities : Children will think about adaptations that could be made to the game; they will think about the difference between the men and women in sports; they will ensure that everyone is included.			