

Hockey	Physical Education	Years 5 & 6, Term 3	Year A
Key vocabulary: Indian dribbling, close down, cover, track, block, slap pass, decision making, possession, principles, evaluate, discuss, explore			
Knowledge and skills: Declarative Knowledge: Identify and evaluate parts of your own game and others, providing feedback. Understand how physical activity can contribute to a healthy lifestyle. Understand how muscles work. Adapt games and activities making sure everyone has a role to play. Create short warm up routines that follow basic principles e.g. raises body temperature, mobilise joints muscles. Procedural Knowledge: Develop control whilst performing skills at speed. Apply the attacking and defending principles in game situations. Use different skills to keep possession of a ball as part of a team. Change speed and direction to get away from a defender. Choose different formations to suit the needs of the game and choose skills that meet the need of the situation.		Possible activities: Step 1: To pass the ball to keep possession in game situations. Step 2: To dribble the ball whilst under pressure. Step 3: To apply defending principles in games. Step 4: To compete in games. Step 5: To apply attacking principles in games. Step 6: To understand positions and roles of individuals in team games.	
Spiritual, Moral, Social and Cultural Education, and Promotion of British Values: Spiritual: Children will have a willingness to reflect on their own experiences. Moral: Discuss the morals of co-operation in the team; consider how fairness, honesty and sportsmanship are important in play. Social: Consider the etiquette of play and the social norms which guide people. Cultural: Children will consider the origins of the sport and the competitions that may occur around the world. British Values: Children will have respect for the other team; they will follow the rules of the game; they will consider how democracy plays a role in making and choosing teams. Equalities : Children will think about adaptations that could be made to the game; they will think about the difference between the men and women in sports; they will ensure that everyone is included.			