

Rounders	Physical Education	Years 3 & 4, Term 6	Year A
Key vocabulary: throwing, fielding, catching, power, get in line, communication, accuracy, technique, batting, score, aiming, space, targets, long barrier			
Knowledge and skills: Declarative Knowledge: Identify what you need to practice improving your performance. Describe how your body feels when exercising and understand the link between heart rate and breathing when exercising. Employ simple tactics in games. Devise suitable warm up activities for upcoming activities. Procedural Knowledge: Apply and develop a broader range of skills, whilst ensuring basic skills are performed with control and accuracy. Throw a ball increasing distances, catch a ball with increasing consistency and hit a ball with correct technique. Intercept and stop the ball consistently. Work well as part of a team, e.g. when fielding to make it harder for the batter.		Possible activities: Step 1: Throw a ball with increasing accuracy and distance. Step 2: Catch a ball with increasing consistency. Step 3: Successfully hit a ball from a tee. Step 4: Hit a ball with correct technique. Step 5: Choose fielding skills to make it difficult for an opponent. Step 6: Work well as part of a team.	
Spiritual, Moral, Social and Cultural Education, and Promotion of British Values: Spiritual: Children will have a willingness to reflect on their own experiences. Moral: Discuss the morals of co-operation in the team; consider how fairness, honesty and sportsmanship are important in play. Social: Consider the etiquette of play and the social norms which guide people. Cultural: Children will consider the origins of the sport and the competitions that may occur around the world. British Values: Children will have respect for the other team; they will follow the rules of the game; they will consider how democracy plays a role in making and choosing teams. Equalities : Children will think about adaptations that could be made to the game; they will think about the difference between the men and women in sports; they will ensure that everyone is included.			